

CURRICULAM VITAE

Dr Vidya

Senior Assistant Professor

Dept of Home Science

Ganga Devi Mahila College

Patliputra University, Patna

PERSONAL INFORMATION

DOB..... 06/09/1978

Father's Name..... Mr Devendra Prasad

Husband's Name..... Mr Anupam Kumar

Permanent And Present Address.....Vidya Enclave, Plot No- B- 184, Near Lohiya Park, PC Colony Kankarbag, Patna- 800020

Email Id..... dctnvidya@gmail.Com

Mobile No..... 9472587010

EDUCATIONAL QUALIFICATION

Examination Passed	Subject	Year of Passing	School / Institute	Board / University	division
Matriculation	Eng, Hin, Maths, Sci, Social Science	1995	GGPS, B.S.City	CBSE	1 st
Intermediate (I.Sc.)	Phy, Che, Bio, Maths, Eng	1997	GGPS, B.S. City	CBSE	2 nd
Graduation B.Sc.(Honours)	Clinical Nutrition & Dietetics	2001	K.B. Women's College, Hazaribag	Vinoba Bhave University	1 st

PG Diploma	PGD in Dietetics	2003	AIHH&PH, Kolkata	University of Calcutta	1st
B.Ed.	Life Science	2010	Mahboob-Ul-Alam	Kashmir University	1st
Post Graduation (M.Sc.)	Dietetics and Food Service Management	2011	Jammu Regional Centre, Jammu	IGNOU	1st
Ph.D.	Home Science	2018	UGC Regulation 2009	Magadh University	-
UGC-NET	Home Science	2014	-	-	-

Founder of Vidya Diet Clinic, Patna in 2013, www.vidyadietclinic.in

JOB DETAILS

DesignationAssistant Professor

Name of the Appointing Body.....Bihar Public Service Commission

Date of Appointment.....14/02/2019

Date of Joining.....15/02/2019

Date of Confirmation.....15/02/2019

Name of the Place/ Institute of Posting.....Ganga Devi Mahila College, Patliputra University, Patna, Pin Code-800020

Name of Department and Subject Teaching.....Department of Home Science, Subject - Home Science (Intermediate, Under Graduate, Post Graduate)

COURSES

1. Successfully Completed 84th Orientation Program (28.11.2019 to 19.12 .2019), U G C –HRDC, Patna University, Patna
2. Successfully completed Refresher Course in Health Management (16.08.2021 to 30.08.2021), UGC HRDC, Sri Venkateshwar University, Tirupati

3. Successfully completed Online One Week Faculty Development Program (22.06.2021 to 29.06.2021) on Advanced Research Methodology Applicable in New Education Policy, organized by DNPG College and Science Tech Institute, Lucknow, UP
4. Successfully completed online UGC-Approved Short-Term Professional Development Programme (09.09.2022 to 17.09.2022) on Implementation of NEP-2020 for University and College Teachers, IGNOU Under PMMMNM on Teachers and Teaching.
5. Successfully completed Online one Week Faculty Development Programme (21.08.2023 to 27.08.2023) to Develop Skill Panorama on Research Methodology Based Data Analysis using R Organized by BRDSP, University of Lucknow and Science Tech Institute, Lucknow, UP.
6. Successfully Completed offline Refresher Course in Home Science Topic Expanding Horizons of Research in Home Science (02.12.2023 to 14.12 .2023), Sponsored by UGC –MMTTC, Patna University, Patna
7. Completed online the NEP2020 Orientation and sensitization Programme under MMTP of UGC organized by MMTTC, IIT Patna (03.02.2025 to 12.02.2025)
8. Completed the “Refresher Course in AI for All: Innovations for Empowering Sciences, Social Sciences and Humanities for Viksit Bharat 2047 under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC), organized by MMTTC, IIT Patna, from 17th–29th Nov. 2025.

PUBLICATIONS (RESEARCH PAPER)

1. Paper published on Topic "Prevalence of Iron Deficiency Anaemia among Adolescent Girls in urban Area of Jammu, India" in IJHR, an international journal, ISSN- 0974-1089, VOL 51, issue 1, June 2017
2. Paper published on Topic" Impact of Weight Loss on Health Complications of Obese and Overweight in Urban Patna" in IJCRT, UGC approved, ISSN- 2882, VOL 6 issue 2 April 2018
3. Paper Published on Topic “Effect of Balanced Nutrient Reduction Diet on Lipid Profile among Obese Adults of Bihar”, in The Indian Journal of Home Science, UGC-CARE List, ISSN-09702733, VOL 34, No 2, July 2022
4. Paper published by JHM, India, Scopus Indexed, titled "Relationship between Blood Group and Obesity Reduction through Diet among Adults of Urban Bihar", in Vol 26, Number 2, April 2024, Page no.330-341. ISSN 09972-0634.
5. Empowering Women through education: A pathway to national security and sustainable development, International Journal of Home Science, ISSN no. 2395-7476, vol.11, issue 1, 2025, page 298-302

PUBLICATIONS (BOOK CHAPTERS)

1. Published chapter titled “Creating Safe, Stimulating, and Child-Friendly Learning Environments” in edited book Early Childhood Care and Education Reshaping The Future In The 21st Century . New Delhi: Asha Book House; 2026. ISBN: 978-93-47069-23-9.

MEMBERSHIPS

1. Life Time Member of Indian Dietetic Association (New Delhi) (IDA-07710)
2. Life Member of Vishwa Ayurveda Parishad (14315663)
3. Life Member of All India Association for Advance Research in Obesity (LM-1106)
4. Life Member of Home Science Association of India (HSAI-2019-BH-343-LF)
5. Life Member of Indian Society of Agriculture Science and Technology Research, Noida, India (LM-1010)

ORCID – 0001-5132-8933

AWARDS / CERTIFICATION

1. INEXT Nari Today Awards 2014
2. INEXT Achievers' Award 2017
3. Certified as Bariatric Nutritionist by IDA and Mohak weight loss & diabetes surgery centre in year 2018
4. Sitasakhi Samman 2024 for diet Expert by Sita Tirth Chhetra Nyas, Khagaul, Patna.
5. Excellence in Teaching Award by Indian Society of Agriculture Science and Technology Research, New Delhi in year 2025

Teaching & Professional Experience

Dr. Vidya has been actively engaged in teaching undergraduate students since 2019 and postgraduate students since 2022. Alongside her academic responsibilities, she is the founder and former practitioner of a diet clinic, bringing valuable practical insights into her teaching. Her blend of academic and clinical experience enhances student learning and professional readiness.

Administrative Responsibilities

- **Head, Undergraduate Programme (UG-Home Science)** since 2022

Academic Initiatives

- Designed, coordinated, and conducted a **12-week Certificate Course in Applied Nutrition** (01 August 2022 – 01 December 2022), organized by Vidya Diet Clinic in collaboration with Ganga Devi Mahila Mahavidyalaya, Patna.