



GANGA DEVI MAHILA MAHAVIDYALAYA, PATNA - 20

NAAC Accredited Grade - 'B' (2nd Cycle),

A constituent Unit of Patliputra University,
Patna, Bihar

IN COLLABORATION WITH
PSYCHDESK FOUNDATION & APN

TWO-DAY INTERNATIONAL WORKSHOP &
Training Programme

On

“Suicide Prevention Facilitation: Lifeline Saving Lives in Cultural Context”



• **Patron
Hon'ble Vice
Chancellor**
Prof. Upendra
Prasad Singh
(PPU) Patna



• **Organising
Secretary**
Dr. Renu Kumari
Asst. Professor,
Dept. of Psychology
GDMM, Patna



• **Principal &
Chairperson**
Prof. Shyama Roy
GDMM, Patna



• **Keynote Speaker & Trainer**
Dr. Narendra Singh Thagunna, Ph.D.
Senior Faculty / Associate Professor,
National College, Kathmandu
University, Nepal

13th - 14th OCTOBER 2026

Venue: Ganga Devi Mahila Mahavidyalaya, Kankarbagh,
Patna, Bihar

WORKSHOP THEME & OBJECTIVES

“SAVING LIVES IN CULTURAL CONTEXT”

The workshop focuses on understanding
suicide prevention through the social,
cultural, psychological, and community
contexts in which individuals live. It
recognises that beliefs, traditions, family
structures, social relationships, stigma,
communication patterns, and access to
support can influence how mental health
concerns are understood and addressed.

KEY OBJECTIVES

01. Understand
Psychological, social and cultural
dimensions of suicide and suicide
prevention.
02. Identify
Potential warning signs, risk factors and
situations requiring timely support.
03. Learn
Basic facilitation and supportive
communication approaches.
04. Explore
Culturally appropriate strategies for
mental-health awareness and prevention.
05. Strengthen
Empathy, active listening and responsible
intervention skills.
06. Build Awareness
The importance of creating supportive and
safe communities.

About

Patliputra University (PPU),

Patliputra University was established on 18
March 2018 by the Government of Bihar. Its
jurisdiction covers colleges in Patna and
Nalanda districts, except those affiliated with
Patna University. The University currently has
25 constituent colleges, 2 government girls'
colleges, 3 minority colleges and several
affiliated colleges. Its affiliated institutions
offer undergraduate, postgraduate, vocational
technical and professional programmes. The
University is headquartered at Kankarbagh,
Patna - 800020.

Ganga Devi Mahila Mahavidyalaya (GDMM)

Ganga Devi Mahila Mahavidyalaya is a
women's college located in Kankarbagh,
Patna, established in 1971. The college offers
undergraduate and postgraduate programmes
in Arts, Science and Commerce. It has
academic departments in subjects such as
English, Hindi, History, Political Science,
Economics, Psychology, Commerce, Physics,
Chemistry, Mathematics, Botany, Zoology,
Home Science, Environmental Science,
Bengali, and Ancient History, Culture &
Archaeology. The institution is NAAC-
accredited and is committed to providing
quality education, women's empowerment,
research and holistic student development.

Academic • Practical • Culturally Responsive

Think & Do positive and lead happy
Life

REGISTRATION FEE

CATEGORY	FEE
Delegates / Teachers Other Participants	₹1,000/-
Research Scholar	₹600/-
Students	₹400/-

REGISTRATION INCLUDES

- Participation in the two-day workshop
- Training and academic interaction
- Workshop participation/certificate, subject
to organiser confirmation
- Tea and lunch included for the two-day
workshop
- Travel and lodging are not included. Please
arrange your own accommodation

LAST DATE FOR REGISTRATION

- Date: 10th October 2026 (for Online)
- On-the-spot registration is also available (13th Oct 26)
- Venue: Ganga Devi Mahila Mahavidyalaya,
Kankarbagh, Patna - 80020, Bihar, near Medanta
Hospital

LIMITED PARTICIPATION •
REGISTER EARLY

Psychdesk Foundation, Nepal

Based in Kathmandu, Psychdesk Foundation
works towards promoting psychological well-
being through community-based
psychological training, research, professional
capacity building and mental-health services.
Its work includes psychosocial counselling,
psychological education, awareness
programmes and initiatives addressing
suicide prevention and mental-health
support.

APN Global Foundation

APN Global Foundation is a non-profit
organisation working across education, research,
innovation, healthcare awareness, skill
development and social welfare. It provides a
platform for educators, researchers, healthcare
professionals, students and social-sector
practitioners to collaborate through training
programmes, conferences, workshops and
community-oriented initiatives, with a focus on
inclusive and sustainable development.

Advisory Committee

1. Prof. Madhu Pandey
2. Prof. Kirti
3. Dr. Pranay Kumar Gupta
4. Dr. Bimla Chaudhary
5. Dr. Rachna Jaiswal
6. Dr. Bidhu Bala
7. Dr. Bhavya Jha
8. Dr. Rita Kumari

“Every life matters. Awareness, empathy and timely
support can make a difference.”

PAYMENT DETAILS

Account No.: 4140580058

Bank: Central Bank of India

IFSC Code: CBIN0284066

FOR REGISTRATION DETAILS

Register here



<https://forms.gle/fa87u7SsjVNAYLe6A>

For FURTHER INFORMATION

JOIN here



<https://chat.whatsapp.com/Kq0NbUWZH8cluy858lhxWO>

REGISTER NOW

Two days of learning, dialogue, training
and collective action

Technical support - Miss Niharika Gaurav

Mindful Eating or Walking: Focus on the sensations of what
you're doing—whether eating or walking—fully engage your
senses.