



GANGA DEVI MAHILA MAHAVIDYALAYA, PATNA - 20

NAAC Accredited Grade - 'B' (2nd Cycle),

A constituent Unit of Patliputra University,
Patna, Bihar

IN COLLABORATION WITH
PSYCHDESK FOUNDATION & APN
TWO-DAY INTERNATIONAL WORKSHOP &
Training Programme

On

"Suicide Prevention Facilitation: Lifeline Saving Lives in Cultural Context"



• **Patron**
Prof. Upendra
Prasad Singh
Hon'ble Vice
Chancellor
Patliputra
University (PPU)
Patna



• **Organising
Secretary**
Dr. Renu Kumari
Asst. Professor,
Dept. of Psychology
GDMM, Patna



• **Chairperson**
Prof. Shyama Roy
Principal
GDMM, Patna



• **Keynote Speaker & Trainer**
Dr. Narendra Singh Thagunna, Ph.D.
Senior Faculty / Associate Professor,
National College, Kathmandu
University, Nepal

13th - 14th OCTOBER 2026

Venue: Ganga Devi Mahila Mahavidyalaya, Kankarbagh,
Patna, Bihar

WORKSHOP THEME & OBJECTIVES

"SAVING LIVES IN CULTURAL CONTEXT"

The workshop focuses on understanding suicide prevention through the social, cultural, psychological, and community contexts in which individuals live. It recognises that beliefs, traditions, family structures, social relationships, stigma, communication patterns, and access to support can influence how mental health concerns are understood and addressed.

KEY OBJECTIVES

01. Understand Psychological, social and cultural dimensions of suicide and suicide prevention.
02. Identify Potential warning signs, risk factors and situations requiring timely support.
03. Learn Basic facilitation and supportive communication approaches.
04. Explore Culturally appropriate strategies for mental-health awareness and prevention.
05. Strengthen Empathy, active listening and responsible intervention skills.
06. Build Awareness The importance of creating supportive and safe communities.

About

Patliputra University (PPU),

Patliputra University was established on 18 March 2018 by the Government of Bihar. Its jurisdiction covers colleges in Patna and Nalanda districts, except those affiliated with Patna University. The University currently has 25 constituent colleges, 2 government girls' colleges, 3 minority colleges and several affiliated colleges. Its affiliated institutions offer undergraduate, postgraduate, vocational technical and professional programmes. The University is headquartered at Kankarbagh, Patna - 800020.

Ganga Devi Mahila Mahavidyalaya (GDMM)

Ganga Devi Mahila Mahavidyalaya is a women's college located in Kankarbagh, Patna, established in 1971. The college offers undergraduate and postgraduate programmes in Arts, Science and Commerce. It has academic departments in subjects such as English, Hindi, History, Political Science, Economics, Psychology, Commerce, Physics, Chemistry, Mathematics, Botany, Zoology, Home Science, Environmental Science, Bengali, and Ancient History, Culture & Archaeology. The institution is NAAC-accredited and is committed to providing quality education, women's empowerment, research and holistic student development.

Academic • Practical • Culturally Responsive

Psychdesk Foundation, Nepal

Based in Kathmandu, Psychdesk Foundation works towards promoting psychological well-being through community-based psychological training, research, professional capacity building and mental-health services. Its work includes psychosocial counselling, psychological education, awareness programmes and initiatives addressing suicide prevention and mental-health support.

APN Global Foundation

APN Global Foundation is a non-profit organisation working across education, research, innovation, healthcare awareness, skill development and social welfare. It provides a platform for educators, researchers, healthcare professionals, students and social-sector practitioners to collaborate through training programmes, conferences, workshops and community-oriented initiatives, with a focus on inclusive and sustainable development.

Advisory Committee

1. Prof. Madhu Pandey
2. Prof. Kirti
3. Dr. Pranay Kumar Gupta
4. Dr. Bimla Chaudhary
5. Dr. Rachna Jaiswal
6. Dr. Bidhu Bala
7. Dr. Bhavya Jha
8. Dr. Rita Kumari

"Every life matters. Awareness, empathy and timely support can make a difference."

Think & Do positive and lead happy
life

REGISTRATION FEE

CATEGORY	FEE
Delegates / Teachers Other Participants	₹1,000/-
Research Scholar	₹600/-
Students	₹400/-

REGISTRATION INCLUDES

- Participation in the two-day workshop
- Training and academic interaction
- Workshop participation/certificate, subject to organiser confirmation
- Tea and lunch included for the two-day workshop
- Travel and lodging are not included. Please arrange your own accommodation

LAST DATE FOR REGISTRATION

- Date: 12th October 2026 (for Online)
- On-the-spot registration is also available (13th Oct 26)
- Venue: Ganga Devi Mahila Mahavidyalaya, Kankarbagh, Patna - 800020, Bihar, near Medanta Hospital

**LIMITED PARTICIPATION •
REGISTER EARLY**

PAYMENT DETAILS

Account No.: 4140580058

Bank: Central Bank of India

IFSC Code: CBIN0284066

FOR REGISTRATION DETAILS

Register here



<https://forms.gle/fa87u7SsjVNAYLe6A>

For FURTHER INFORMATION

JOIN here



<https://chat.whatsapp.com/Kq0NbUWZH8cluy858lhxWO>

REGISTER NOW

Two days of learning, dialogue, training
and collective action

Technical support – Miss Niharika Gaurav

Mindful Eating or Walking: Focus on the sensations of what you're doing—whether eating or walking—fully engage your senses.